



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Unconscious Bias Training - 3hours



09 884 0762



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0.5 DAY COURSE

The Unconscious Bias training course from PD Training teaches you what Unconscious Bias is in the Workplace, the impacts these biases can have and the approaches to take to reduce unconscious bias.

If you have ever wanted to understand what unconscious bias is and how this can affect everyday situations, then this course was designed for you!

This course is a practical class that is suitable for all audiences and provides people with the tools that they can apply on-the-job (and in other contexts) the very next day. This is an instructor-led class that you can attend from home or your office.

We use secure Video Conferencing with interactive features such as live polling, screen sharing, whiteboards, live chat and breakout sessions. Please discuss your preferred platform, most commonly we use Microsoft Teams, Skype for Business, Webex or Zoom upon request.

These courses are facilitated in English and are open to people from different industries in all countries especially across Australia, New Zealand, USA, Singapore, Malaysia and Hong Kong - this is a short but powerful learning experience that gives you global collaboration opportunities. Our trainers and processes have been refined to give you a personalised learning experience where it is specifically targeted to your needs.

## What You'll Gain:

This course helps people understand unconscious bias in the workplace. This is a great course for everyone as the benefits can have a positive effect on every aspect of your life.

## Outcomes

- Gain insight into their individual personality type by using our proprietary REACH profiling tool
- Learn to recognise your own unconscious biases
- Learn the types of biases



- Learn the impacts of unconscious biases
- Identify bias hotspots
- Learn approaches to reduce unconscious bias
- Learn how to recognise stereotypes and replace with non-biased response

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## Modules

### **Lesson 1: What we Mean by Unconscious Bias**

- Your IAT Results

### **Lesson 2: Types of Biases**

- Who do you Promote?
- Types of Biases

### **Lesson 3: The Impact of Unconscious Bias in the Workplace**

- Other Impacts of Unconscious Bias
- Identifying Bias Hotspots

### **Lesson 4: Approaches to Reduce Unconscious Bias**

- A General Approach
- Stereotype Replacement

**Talk to our expert team**

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