PROFESSIONAL DEVELOPMENT TRAINING

09 884 0762

REQUEST QUOTE

0.5 DAY COURSE

Making the most of being Mentored

To be an effective mentee, whether it is formal or informal, requires the ability to identify an appropriate mentor while being open to criticism and implementing suggested changes as required.

The PD Training Making the Most of Being Mentored Training course was developed for mentees and ensures that any mentorship program is successful and rewarding by teaching the mentee how to find a mentor, how to build a strong relationship and put the mentor's knowledge to work in a meaningful way.

This dynamic training course is available now across New Zealand, including Auckland, Wellington and Christchurch.

Contact us today for a group quote.

What You'll Gain:

As skilled, educated and motivated as you are, learning from someone who knows the ins and outs of your organisation and your industry can be a powerful business asset. But the responsibility to find that person, build a strong relationship, and put your knowledge to work starts with you. Learn how to create and maintain a mutually rewarding mentor/mentee relationship.

Outcomes

- Know why a mentoring relationship is beneficial to the mentee, the mentor, the organisation and even to friends and family
- Understand the responsibilities of mentees in managing their own personal development and career growth
- Master the skills needed for fostering successful mentoring partnerships
- Provide guidance on building and maintaining productive mentoring relationships
- Identify techniques for maximising results
- Learn new skills that contribute to the success of the organisation

Modules

Lesson 1: The Heart of the Mentoring Relationship

- The Trio Definitions
- The Benefits of Being Mentored
- Mentoring in the Past
- Mentoring Today
- The Trend Continues
- Mentor-Mentee Mutuality
- The Essence of Mentoring
- Realising Potential
- The Mentoring Commitment
- Part Summary

Lesson 2: The Proactive Mentee

- The Proactive Mentee
- The Mentee as Collaborator
- Inviting a Mentor to Collaborate
- Managing Your Own Development
- Our Own Motivation & Sense of Self-Determination
- The Value of Being an Active Learner
- Making a Habit of Lifelong Learning
- Creating a Flexible Life Plan
- Shifting Your Mental Context
- Staying Flexible
- Part Summary

Lesson 3: Seven Critical Mentee Skills

- Identifying Effective Mentee Skills
- Skill 1: Ask Productive Questions
- Skill 2: Develop Triple-Level Listening Skills
- Skill 3: Use Trust as Your Glue
- Skill 4: Overcome the Awe Factor
- Skill 5: Resolve or Manage Differences
- Skill 6: Capture the Gifts of Learning
- Skill 7: Internalise the Learning
- Part Summary

Lesson 4: Building a Productive Relationship

- Build a Productive Relationship
- Form the Mentoring Relationship
- Create Guiding Principles
- Establish Procedures for Meetings
- The Spectrum of Mentor & Mentee Interactions
- The Evolution of the Partnership
- Types of Mentoring Relationships
- Align Expectations
- Giving Back: Balancing the Relationship
- The Emergent Property: Synergy
- Part Summary

Lesson 5: Fine Tuning & Transitioning the Mentoring Relationship

- Creating Balance in Your Life
- Identifying and Using Learning Styles
- Workplace Diversity: Gaining a New Perspective
- Embracing Change

Lesson 6: Conclusion

- Course review
- Planning engagement with your mentor
- Post Course assessment if required

- Overcoming Inertia in the Organisation
- Transitioning / Ending the Relationship
- Part Summary

Talk to our expert team

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