



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Advanced Skills for Elite Personal and Executive Assistants



09 884 0762



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1.0 DAY COURSE

The Advanced Skills for Elite Administrative and Executive Assistants training course, developed by PD Training in New Zealand, teaches you how to develop the competency for the advanced skills and flexibility needed to effectively provide a higher level of administrative and executive assistance.

After completing this course, you will have learned the following: how to develop and enhance your social intelligence and flexibility to adapt to the superior's working style, the capability to represent your manager if necessary, office and people management skills, scheduling skills, effective screening of visitors, incoming calls and reports, the importance of confidentiality and much more.

This is a great course, full of excellent content, and useful skills and techniques. Courses are available in New Zealand including Auckland, Christchurch or Wellington.

Please click on the Public Class tab below to view our Advanced Skills for Elite Personal and Executive Assistants course schedule by city or click the In-House Training tab to receive a free quote for courses delivered at your preferred location.

Need something more basic? See our Foundation Skills for Elite Personal Assistants and EA's Training Course

## What You'll Gain:

During this course in New Zealand, participants engage in learning the theories and practice the duties of a high-level administrative assistant. This interactive course includes activities to enhance learning and the development of practical skills.

This comprehensive course involves the development of skills and knowledge that the job of a personal/executive assistant demands. These include developing social intelligence, flexibility, content management skills, people management skills and prioritising tasks. Foundation Skills for Elite Personal and Executive Assistants Training Course

## Outcomes



**After completing this course, participants will have learned to:**

- Adapt to the manager's needs and style of working
- Take initiative when needed
- Develop social intelligence
- Develop basic business acumen
- Understand the importance of office management
- Listen actively
- Understand and use social media management
- Handle difficult people and situations

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## Modules

### **Lesson 1: The Elite Executive Assistant/Personal Assistant**

- What is an Elite Executive/Personal Assistant?
- How good are your Elite EA/PA Skills?

### **Lesson 2: Personality Styles and Working with High-Level Managers**

- REACH Personal Style Profile
- Understanding Other Styles

### **Lesson 3: Advanced Time Management and Prioritisation**

- Time Management Techniques

### **Lesson 4: Relationship Management and Strategic Communication**

- Building Rapport and Managing Relationships
- Strategic Communication
- Relationship Management

### **Lesson 5: Project Management and Coordination**

- Key Principles of Project Management
- Complex Meetings
- Working with Multiple Business Functions
- Tracking Decisions and Action Items

### **Lesson 6: Confidentiality and Data Security**

- Confidentiality
- Data security best practices

### **Lesson 7: Technology and Digital Tools**

- Communication Platforms
- Internal Communication Tools
- Cloud-based Collaboration Tools

### **Lesson 8: Work-Life Balance and Stress Management**

- Your Well-Being
- Strategies to Maintain your Well-Being



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- Project Management Tools
- Automation Tools
- Setting Boundaries and Saying 'No'
- High-Pressure Situations
- Navigating High-Pressure Situations

**Talk to our expert team**

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