

Personal Style Profile

For: Peter Productive

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Introduction

The purpose of this report is to provide a broad overview of your primary personal style, based on your responses to the Leading Dimensions Profile (LDP). Your style reveals how you may tend to *achieve* goals and *relate* to others in common circumstances.

Section 1: Personal Style Matrix (page 2)

This section provides a summary of your personal style, as well as a graphical placement of your style in comparison to the four primary styles:

- Counselor Profile
- Coach Profile
- Driver Profile
- Advisor Profile

Your personal style is determined by the interaction of specific dimensions (listed in Section 3 of this report). Each of the four styles offers its own key strengths, and no style is better than the others. While you may be most comfortable acting within your primary style, you can learn to "stretch" to the other styles over time through observing and practicing the markers provided in this report.

Section 2: Personal Style Markers (page 3)

While your response to various situations may differ based on a number of factors, it is generally assumed that your approach to *achieving* goals and *relating* to others remains fairly consistent over time. By recognizing the markers of each style, you can learn to adjust your approach as needed over time (such as when interacting with team members or in taking on a new project or challenging assignment).

Section 3: Achieving and Relating Dimensions (page 4)

When your personal style is recognized, whether at work, home, or in the community, it can be shaped by a number of specific characteristics or facets – referred to as dimensions. Your five *Achieving* dimensions and five *Relating* dimensions are shown in Section 3.

Section 4: Coaching Points (page 6)

Within each personal style, there may be key strengths that can enhance how you *achieve* and *relate*. This section discusses five of these strengths, while also offering potential recommendations to enhance strength development.

Section 5: Personal Style Interactions (page 7)

For each personal style, practical recommendations are offered to improve understanding and reduce tension in everyday communication.



Section 1: Personal Style Matrix

When you completed the Leading Dimensions Profile (LDP), you indicated your preferences and tendencies for how you approach common circumstances (such as at work, home, or in the community). Listed as ten specific dimensions on the next page, these preferences and tendencies combine to reveal one of four Personal Style Profiles. Based on your responses to the LDP, your primary Personal Style is best described as the: **Advisor Profile.**

The Advisor Profile is most commonly recognized as being:

- more **Task-focused** than **People-focused**, meaning that you may be more objective and reserved in how you relate with others; and,
- more **Thinking-oriented** than **Acting-oriented**, meaning that you may be more methodical and thoughtful about achieving your goals.



Simply put, your Personal Style suggests that you tend to be more focused on consistency and efficiency than most people. Others may recognize you as a very rational person who is most comfortable in a structured, organized environment. While achieving your goals, you are more likely to have a detailed plan, while making adjustments only after careful reflection. When in a team setting, you may be most concerned with maintaining efficiency and order.

Important Note: The closer your plot is to any corner of the matrix, the more your overall style will be similar to the profile shown in the respective quadrant. In contrast, the farther away your plot is from any corner, the less likely your style will reflect the profile indicated. The closer the plot is to the center of the matrix, the more your style is moderated, meaning you may tend to exhibit some of the characteristics of all four styles and may tend to be more fluid in your approach. In reality, there will be occasions where you may exhibit some characteristics of each profile, depending on the situation. The matrix shown here simply portrays your most common, primary style.



Section 2: Personal Style Markers

While our responses may differ at times based on unique situations, most of us tend to reveal one of four Personal Styles in common situations. We can easily recognize a Personal Style (in ourselves and others) by observing specific markers. Identify the markers below for your own style and then review how other styles may differ in similar situations. Finally, consider what situations might require you to "stretch" your style, especially when interacting with others who may have different preference and tendencies.

Counselor Profile

Counselors are best recognized for being: Thinking-oriented and People-focused. The key "markers" or behaviors of the Counselor Profile include:

- Communicating with a warm, comforting style
- Handling conflict by accommodating others' views
- Delegating by "asking" others for participation
- Planning through a careful, flexible approach
- Learning with careful, step-by-step reflection

Coach Profile

Coaches are best recognized for being: Acting-oriented and People-focused. The key "markers" or behaviors of the Coach Profile include:

- **Communicating** with charisma, dynamic style
- Handling conflict by collaborating on solutions
- **Delegating** by "selling" others on participation
- Planning through a fluid, interactive approach
- Learning with active, "big picture" understanding



Advisor Profile

Advisors are best recognized for being: Thinking-oriented and Task-focused. The key "markers" or behaviors of the Advisor Profile include:

- Communicating with a reserved, formal style
- Handling conflict by identifying compromises
- Delegating by "teaching" the suggested approach
- Planning through methodical, detailed preparation
- Learning with careful, step-by-step reflection

Driver Profile

Drivers are best recognized for being: Acting-oriented and Task-focused. The key "markers" or behaviors of the Driver Profile include:

- Communicating with a focused, intense style
- **Handling** conflict by directly confronting the issue
- Delegating by "directing" the course of action
- Planning through an urgent, adaptive approach
- Learning with active, "big picture" understanding



Section 3: Achieving Dimensions

Achieving Dimensions describe how individuals approach tasks and goals under normal circumstances.

Intensity

Intensity describes how you pursue goals, whether for personal or work initiatives. While some prefer to work at a steady, balanced pace, others show an intense, urgent pace. Most of us tend to fluctuate between a measured and intense focus at times.

Measured		Intense
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You tend to function with more urgency than others, and you may be more comfortable under pressure. You tend to dislike slow or repetitive processes, so you may appear impatient at times.

Risk Tolerance (One of your Key Strengths - see page 6 for specific Coaching Points)

Risk Tolerance describes how you approach uncertain or risky situations. Some people seem to be natural risk takers, while others tend to be more cautious and careful. Most of us tend to fluctuate between avoiding and taking risks, depending on the situation.

Cautious

You prefer safety and security rather than the risk of trying unproven ideas. Others count on your careful demeanor in high-stakes situations, as you prefer proven approaches over trial and error.

Assertiveness

Assertiveness describes how you assert your viewpoint. Some tend to be very quick to assert their opinions and may aspire to lead others. Others tend to be more reserved and defer opportunities to offer their opinion. Most of us seem to dislike public speaking but will assert ourselves when needed.

Reflective

Confident

Bold

You are probably more comfortable following direction than giving orders, and you may be reluctant to question or challenge others at times. You are more likely to think through what you are going to say before approaching others.

Adaptability (One of your Key Strengths - see page 6 for specific Coaching Points)

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Adaptability describes how you navigate change. While some prefer stability and a predictable environment, others enjoy frequent change and lots of variety. For the most part, we tend to display both reluctance and flexibility at times, depending on the significance of the change.

Consistent

Flexible

You tend to be most comfortable where there is structure and stability, and you don't seek change just for the sake of variety. If change is forced on you, especially in a hurry, you can become stressed.

Decision-making

Decision-making describes how we learn and process information in making decisions. Some tend to rely on their intuition and experience, while others rely on a more analytical approach. Most of us tend to balance both perceptive and analytical approaches to some degree in making decisions.

Analytical

Intuitive

You place a great deal of importance on precision and accuracy, and you are more comfortable relying on careful analysis than going with your gut instinct. Compared to others, you are more organized and detailed in solving problems.



Section 3: Relating Dimensions

Relating Dimensions describe how individuals tend to interact with others in common settings.

Affiliation

Affiliation describes how we collaborate with others in getting things done. While some of us prefer to go it alone and work independently, others are much more comfortable when they can work together. Most of us tend to work independently or collectively at times, based on the circumstances.

Independent

Social

You make sure to include others, and you tend to enjoy the opportunity to collaborate in getting things done. You may be most satisfied in a team-oriented setting, rather than working alone.

Consideration (One of your Key Strengths - see page 6 for specific Coaching Points)

Consideration describes how we recognize the feelings and interests of those around us. While some of us go out of our way to learn how we can help others, some of us tend to approach others more formally or objectively. Most of us tend to fluctuate between sensitive and objective approaches.

Objective

Nurturing

You appreciate a more self-sufficient environment, where others may take care of their own problems. While you may lend a hand when needed, you tend to value an objective and practical approach over an emotional one.

Openness

Openness describes your interest in sharing personal information with others. While some tend to place a high value on privacy and formality, others are much more open in their communication. Most of us tend to be quiet at times, and open up in others, depending on the circumstances.

Private

Open

You tend to be more reserved and private when interacting with others (outside of your close friends and family). You may be more comfortable keeping emotions to yourself, rather than sharing your feelings with others.

Status Motivation (One of your Key Strengths - see page 6 for specific Coaching Points)

Status Motivation describes how we relate to others as we accomplish goals. While some tend to thrive in competitive settings where they are rewarded for their individual performance, others prefer cooperative efforts and team rewards. Most of us tend to enjoy both opportunities from time to time.

Competitive

Contented

You tend to enjoy competitive situations where your individual efforts can be recognized. You may be more satisfied when your performance or status are acknowledged by others.

Self-protection (One of your Key Strengths - see page 6 for specific Coaching Points)



Self-protection describes how you tend to view others' intentions or reliability. While some are comfortable giving others the benefit of the doubt, others will be inclined to scrutinize things more carefully. For the most part, we tend to balance trust with skepticism in common situations.

Skeptical

Trusting

You typically require others to earn your trust before you are willing to rely on them. You may tend to be skeptical of others' plans and ideas, at least until you can understand their intentions.



Section 4: Coaching Points

The following characteristics represent five key strengths that have emerged from the dimensions highlighted in your Personal Style Report. These strengths are those which are likely most evident in your response to goals and relationships. Since each strength can present a unique challenge if underutilized or taken too far, specific developmental points are provided as well.

Cautious (Risk Tolerance)



Key Strength: You are cautious in the face of unfamiliar situations. You don't act without understanding the risks involved, and others can count on you as a voice of reason. Others may rely upon you to ground their ideas and to provide a counter point to potentially risky suggestions.



Development Target: Make sure your reluctance to act in uncertainty does not cause you to avoid potentially rewarding opportunities.

Consistent (Adaptability)



Key Strength: You provide a steady and reliable perspective. You are not easily caught up in fads or hype, and you require justification before an unproven approach is considered. You provide a consistent and predictable approach to issues that face the team. Others can count on you for dependability.



Development Target: While your reliability can be constructive, be careful not to dig in your heels to resist change unnecessarily.

Objective (Consideration)

Key Strength: You tend to remain objective where others may become emotionally involved in making decisions or solving problems. Others can rely on you for an impartial perspective. Your objectivity can provide great balance in approaching complex problems and your desire to stay on task can keep the team moving along.



Development Target: At times your approach may be viewed as cold or harsh by more sensitive team members. Take care to soften your comments as you stay on message.

Competitive (Status Motivation)



Key Strength: You are driven to succeed in all you do and you enjoy recognition for a job well done. You enjoy the thrill of competition and you are motivated to win. You will tend to seek accolades for your team, and your tenacity can provide a rallying cry for others to follow.



Development Target: Your drive to win may alienate others whom you need most. Do your best to include others, and make sure you remain a team player.

Skeptical (Self-protection)



Key Strength: You are careful and guarded in your approach. You are not easily taken advantage of and you tend to evaluate the safety and security of decisions before taking action. The scrutiny you provide in decision-making can be a significant asset for the team. Others will rely on your watchful eye to protect the team's interests.



Development Target: There may be occasions in which your protective nature can cause you to pass over a good opportunity. Avoid rushing to judgment on people or ideas.





Section 5: Personal Style Interactions

Having recognized your unique personal style, and learned the markers of all four styles, the following recommendations will equip you to interact with others most effectively. Whether building rapport with strangers or discussing a challenging topic with a long-time associate, communication can be enhanced when you learn to "stretch" or mirror the other styles. Although difficult early on, practice can make the stretching feel more natural over time – allowing you to recognize and interact with people from all four styles with ease.

Interacting with the Counselor

Try to:

- Build genuine rapport
- Affirm what you hear
- Recognize personal interests

Avoid:

- Rushing the conversation
- Using an impersonal tone
- Overlooking their concerns

Interacting with the Coach

Try to:

- Focus on the big picture
- Emphasize impact on people

• Encourage brainstorming Avoid:

- Sharing unnecessary details
- Limiting their feedback
- Using an impersonal tone



(Guarded)

Interacting with the Advisor

Try to:

- Focus on the details
- Emphasize logic and rationale
- Draw out specific concerns

Avoid:

- Using emotional arguments
- Offering vague expectations
- Pushing for a conclusion

Interacting with the Driver

Try to:

- Focus on the bottom line
- Emphasize results
- Be clear and specific

<u>Avoid:</u>

- Forcing personal small-talk
- Controlling the conversation
- Challenging their position





Contact Information

For more information regarding the Leading Dimensions Profile (LDP) or other products and services available to help you develop and coach high performers, please contact your LDC Affiliate:



Important Note

This report does not represent a comprehensive measure of psychological traits, nor does it claim to represent a prediction of behavior. No part of this report is intended to convey a psychological, medical, or psychiatric evaluation. This report is intended to provide personal insight that is useful in coaching, teambuilding, and other aspects of professional development. No employment decision should be made based, in whole or in part, on the results contained herein.

